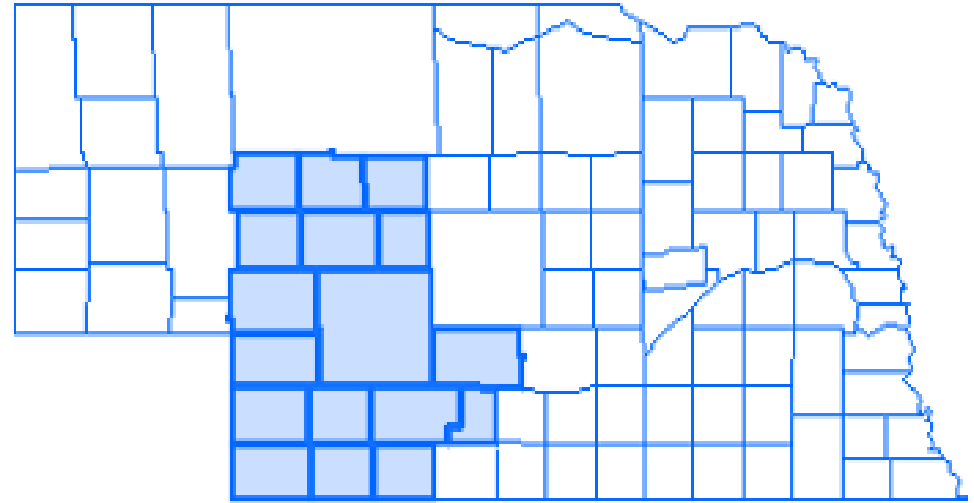


HOTLINES & WEBSITES

Abuse/Neglect... www.hhs.state.ne.us.....	800-652-1999
Access Nebraska... www.accessnebraska.ne.gov.....	402-471-3121
Aids ... www.aids.gov.....	800-782-2437
AL Choices... http://nrns.ne.gov/alchoices/.....	800-746-8420
Alzheimer's & Related Disorder... www.alz.org.....	800-272-3900
American Cancer Society... www.cancer.org.....	800-642-8116
American Council for the Blind... www.acb.org.....	800-424-8666
American Diabetes Association... www.diabetes.org.....	800-342-2383
Arthritis Foundation... www.arthritis.org.....	800-283-7800
American Heart Association... www.americanheart.org.....	800-642-8400
Assistive Technology Partnership... www.atp.ne.gov.....	888-806-6287
AT4ALL... www.at4all.com.....	800-652-0033
Consumer Protection Line... www.ftc.gov.....	800-727-6432
Eldercare Locator... www.ElderCareline.com.....	800-877-1116
Eppley Express... www.eppleyexpress.com.....	800-888-9793
International Lions Club... www.lionsclubs.org.....	630-571-5466
Lupus Foundation of America... www.lupus.org.....	800-558-0121
Medicare... www.medicare.gov.....	800-633-4227
NAF Multicultural HD Corp... www.hhs.state.ne.....	308-534-4532
.....or.....	308-534-2630
Nebraska Kidney Foundation... www.kidneyne.org.....	800-642-1255
Nebraska Resource & Referral System.....	402-472-0844
... www.answers4families.org.....or	800-746-8420
Parkinson's... www.parkinson.org.....	800-223-2732
Senior Care Options/Medicaid Waiver.....	800-662-2961
Senior Health Insurance Information Program.....	
www.doi.ne.gov.....	800-234-7119
Social Security Inquiries... www.socialsecurity.gov.....	800-772-1213
.....or	308-532-9502
West Central District Health Department.....	
www.wcdhd.org.....	308-696-1201
West Central NE Area Agency on Aging... wcnaaa.org.....	800-662-2961

Senior Resource Directory



For more information call:

**Agency on Aging
West Central Nebraska Area
115 North Vine
North Platte, NE 69101
308-535-8195 or 800-662-2961
www.wcnaaa.org**

*Serving the counties of Arthur, Chase, Dawson, Dundy,
Frontier, Gosper, Grant, Hayes, Hitchcock, Hooker,
Keith, Lincoln, Logan, McPherson, Perkins,
Red Willow and Thomas in Nebraska*

ADULT DAY CARE

Golden Living Center 308-784-3715 Cozad	Elwood Care Center 308-785-3302 Elwood	Imperial Manor Nursing Home 308-882-5333 Imperial
Plum Creek Care Center 308-324-5531 Lexington	Hillcrest Nursing Home 308-345-4600 McCook	Pioneer House 308-345-2770 McCook
Frontier House 308-532-4730 North Platte	Pawnee Retirement Hotel 308-532-6600 North Platte	Premier Estates Senior Living 308-534-2200 North Platte
Indian Hills Manor 308-284-4086 Ogallala	El Dorado Manor 308-334-5241 Trenton	Heritage of Wauneta 308-394-5738 Wauneta

ASSISTED LIVING

Sarah Ann Hester Memorial Home 308-423-2179 Benkelman	Golden Living Center 308-784-3715 Cozad	Meadowlark Pointe 308-784-4100 Cozad
Senior Living Choices 308-367-4259 Curtis	Elwood Assisted Living 308-785-3302 Elwood	Park View Villa Living 308-537-3933 Gothenburg
Stone Hearth Estates 308-537-7771 Gothenburg	Park Ridge Assisted Living 308-352-7246 Grant	Willow Ridge 308-345-2100 McCook

NOTES

Spanish-speaking families with a loved one facing a serious or life-threatening illness have a new source of free information, according to the Nebraska Hospice and Palliative Partnership. Cuidando con Carino, Compassionate Care HelpLine, is a toll-free line 877-658-8896, that offers information and resources for people living with or caring for someone with a serious illness. It operates from 8 a.m. to 5 p.m.

Bilingual information specialists will answer questions about hospice and palliative care, helping loved ones with grief and loss, and family care giving.

VETERAN'S SERVICE OFFICER

Dick Bennett
308-785-2015
Elwood

Whitey Shirley
308-352-4629
Grant

William Delise
308-458-2374
Hyannis

Duane Todd
308-882-5017
Imperial

Walt Snyder
308-324-3041
Lexington

Roger Broeker
308-362-4995
Maywood

Joe Williams
308-345-2385
McCook

Tom Prentice
308-546-2695
Mullen

Paul Cooper
308-534-4350
North Platte

William Giesler
308-284-4477
Ogallala

James Chapman
308-636-2343
Stapleton

Dave Haumann
308-645-2468
Thedford

Robert Sutton
308-423-2584
Trenton

VISION

Nebraska Commission for the Blind & Visually Impaired
308-535-8170
North Platte

VOLUNTEERS

Retired & Senior
Volunteer Program
308-535-6777
North Platte

Retired & Senior
Volunteer Program
308-284-6464
Ogallala

ASSISTED LIVING (cont)

Centennial Park
Retirement Village
308-534-7000
North Platte

Liberty House
308-534-1796
North Platte

Linden Estates
308-534-8808
North Platte

Pawnee Retirement
Hotel
308-532-6600
North Platte

Premier Estates
Senior Living
308-534-1900
North Platte

Wel Life @
Ogallala
308-284-2620
Ogallala

El Dorado Manor
308-334-5241
Trenton

COMMODITY SUPPLEMENTAL PROGRAM

Community Action Partners of Mid-Nebraska
308-324-4219, Lexington
308-345-1187, McCook
308-532-3250, North Platte

EMPLOYMENT

Experience Works
308-535-6628

FINANCIAL—UTILITY ASSISTANCE

FOOD STAMPS—MEDICAL

Department of Health & Human Services
308-882-4791 or 877-272-6907, Imperial
308-324-6633 or 800-778-1213, Lexington
308-345-8420 or 800-778-1612, McCook
308-535-8200 or 800-778-1611, North Platte

Community Action Partners of Mid-Nebraska
308-532-3250, North Platte

FOOD PANTRIES

Methodist Church
308-423-2006
Benkelman

Cozad Food
Pantry
308-784-4545
Cozad

Hitchcock Co.
Pantry
308-345-1187
Culbertson

Western Frontier
Food Pantry
308-367-8781
Curtis

Perkins Co.
Food Pantry
308-352-4683
Grant

Hershey Food
Pantry
308-368-5582
Hershey

Chase Co.
740 Court St
Imperial

Lexington Food
Pantry
308-324-4219
Lexington

St. Alban Episcopal
Church Pantry
308-345-4844
McCook

Assembly of God
Church
308-546-2895 or
308-546-2290
Mullen

Grace Ministry
308-532-1238
North Platte

Holy Spirit
Pantry
308-532-8800
North Platte

Salvation Army Pantry
308-532-2038
North Platte

Keith-Arthur Co. Food Pantry
308-289-5954
Ogallala

SENIOR CENTERS (cont)

Overton Senior
Meal Site
308-324-2498
Overton

Paxton Senior
Meal Site
308-239-4459
Paxton

Stapleton Senior
Meals
308-636-2913
Stapleton

Hitchcock Co.
Senior Center
308-276-2661
Stratton

Sutherland Senior
Center
308-386-2224
Sutherland

McPherson Co.
Senior Meal Site
308-587-2399
Tryon

Venango Meal
Site
308-352-4236
Venango

Wallace Senior
Meal Site
308-387-2347
Wallace

Wauneta Senior
Center
308-394-6333
Wauneta

TRANSPORTATION

Dundy Co. Senior
Handibus
308-423-5454
Benkelman

Tri Valley
Handibus
308-697-3329
Cambridge

Midwest Special
Services
800-260-9596
Curtis

Perkins Co. Mini
Bus
308-352-4597
Grant

Chase Co.
Transit
308-882-5130
Imperial

Golden Plains
Services
308-345-7837
McCook

McCook
Handibus
308-345-6098
McCook

North Platte
Public Transit
308-532-1370
North Platte

North Platte
Roadrunner
308-535-6772
North Platte

Yellow Cab
308-532-2345
North Platte

Prince of the
Road
888-452-3194
Ravenna

Hitch & Hay
Transit
308-276-2182
Stratton

SENIOR CENTERS

(Services provided at most centers include: Information & Assistance, Congregate & Home Delivered Meals & activities including Health Education)

Arthur Meal Site 308-764-2219 Arthur	Dundy Co. Senior Center 308-423-5454 Benkelman	Brule Senior Meal Site 308-284-6740 Brule
Grand Generation Center 308-784-2747 Cozad	Area Senior Citizen Center 308-367-4173 Curtis	Elsie Senior Meal Site 308-352-4236 Elsie
Gosper Co. Senior Center 308-785-2500 Elwood	Eustis Senior Center 308-486-3471 Eustis	Farnam Senior Center 308-569-2359 Farnam
Gothenburg Senior Center 308-537-7465 Gothenburg	Perkins Co. Senior Center 308-352-4236 Grant	Hayes Co. Senior Center 308-286-3233 Hayes Center
Hershey Senior Center 308-368-7744 Hershey	Grant County Meal Site 308-458-2700 Hyannis	Imperial Community Center 308-882-5343 Imperial
Lemoyne Meal Site 308-355-6000 Lemoyne	Grand Generation Center 308-324-2498 Lexington	Heritage Senior Center 308-345-1760 McCook
Madrid Senior Meal Site 308-352-4236 Madrid	North Platte Senior Center 308-532-6544 North Platte	Keith Co. Senior Center 308-284-6740 Ogallala

GUARDIANSHIP/PAYEE

Guardian Angel Life Services Inc.
402-752-3670
Kenesaw

Mission: Life, Inc.
308-532-0074
Wellfleet

HEARING

Nebraska Commission for the Deaf & Hard of Hearing
308-535-6600 or 888-713-3118, North Platte

HOSPITALS

Dundy County Hospital 308-423-2204 Benkelman	Cozad Community Hospital 308-784-2261 Cozad	Gothenburg Memorial Hospital 308-537-3661 Gothenburg
Perkins County Community Hospital 308-352-7200 Grant	Chase County Hospital 308-882-7111 Imperial	Tri County Community Hospital 308-324-5651 Lexington
McCook Community Hospital 308-345-2665 McCook	Great Plains Reg. Medical Center 308-696-8000 North Platte	Ogallala Community Hospital 308-284-4011 Ogallala

HOUSING (LOW INCOME)

Benkelman Housing
308-423-2125
Benkelman

Cozad Housing
Authority
308-784-3661
Cozad

Curtis Housing
Authority
308-367-4168
Curtis

Elwood Housing
308-785-2480
Elwood

Eustis Housing
308-537-3401
Eustis

Farnam Housing
308-569-2355
Farnam

Gothenburg Housing
Authority
308-537-7275
Gothenburg

Hayes Center
Housing
308-286-3639
Hayes Center

Imperial Housing
308-882-5321
Imperial

Indianola Housing
Authority
308-364-2423
Indianola

Lexington Housing
Authority
308-324-4633
Lexington

McCook Housing
Authority
308-345-3605
McCook

North Platte Housing
Authority
308-534-4887
North Platte

Ogallala Housing
308-284-8161
Ogallala

Overton Housing
Authority
308-987-2433
Overton

Housing Authority
308-334-5309
Trenton

Wauneta Housing
308-394-5720
Wauneta

LONG TERM CARE

Sarah Ann Hester
Memorial Home
308-423-2179
Benkelman

Golden Living Center @
Cozad
308-784-3715
Cozad

Elwood Care
Center
308-785-3302
Elwood

Gothenburg Hospital
308-537-3661
Gothenburg

Hilltop Estates
308-537-7138
Gothenburg

Golden Ours
308-352-7250
Grant

Imperial Manor
308-882-5333
Imperial

Plum Creek Care
Center
308-324-5531
Lexington

Hillcrest Nursing
Home
308-345-4600
McCook

Pioneer Memorial
308-546-2217
Mullen

Indian Hills
Manor
308-284-4068
Ogallala

El Dorado Manor
308-334-5241
Trenton

LEGAL

Legal Aid of Nebraska
800-527-7249

