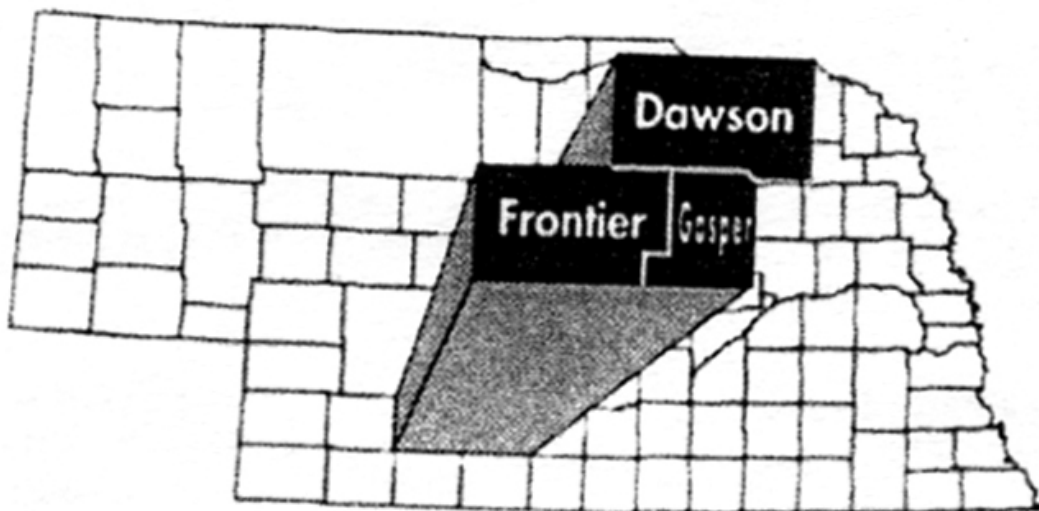


West Central Nebraska Agency on Aging

Senior Resource Directory

Dawson, Frontier and Gosper Counties



For information on our services, please call us at

308-535-8195 or 800-662-2961

www.wcnaaa.org

info@wcnaaa.org

**115 N. Vine Street
North Platte , NE 69101-3902**

SERVICE	DAWSON	FRONTIER	GOSPER
ADULT DAY CARE	Southview Manor 308-784-3715 Cozad	Sunset Haven 308-367-8388 Curtis	Elwood Care Center 308-785-3302 Elwood
	Hilltop Estates 308-537-7138 Gothenburg		
	Plum Creek Care Center 308-324-5531 Lexington		
ASSISTED LIVING	Park View Villa 308-537-3933 Gothenburg	Hillside Estates 308-367-8383 Curtis	Elwood Assisted Living 308-785-3302 Elwood
	Park Avenue Estates 308-324-5490 Lexington	Senior Living Choices at Curtis 308-367-4259 Curtis	
	Beverly Square @ Cozad 308-784-3715 Cozad		
	Wel Life @ Plum Creek 308-324-5531 Lexington		
	Stone Hearth Estates 308-537-7771 Gothenburg		
	Meadowlark Pointe 308-784-4100 Cozad		
CLOTHING ASSISTANCE	Thrift Shop 308-784-4390 Cozad	Congregational Church 308-367-5511 Curtis	Love In Action 308-324-5353 Lexington
	Love In Action 308-324-5353 Lexington	Love In Action 308-324-5353 Lexington	
COMMODITY SUPPLEMENTAL PROGRAM	Mid Nebraska Community Service 308-324-4219 Lexington	Mid Nebraska Community Service 308-324-4219, Lexington 308-345-1187, McCook	Mid Nebraska Community Service 308-324-4219 Lexington

SERVICE	DAWSON	FRONTIER	GOSPER
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CONGREGATE & HOME DELIVERED MEALS
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Gothenburg Senior Center
308-537-7465
Gothenburg

Area Senior Center
308-367-4173
Curtis

Gosper County Senior Center
308-785-2500
Elwood

Lexington Grand Generation Center
308-324-2498
Lexington

Eustis Senior Center
308-486-3471
Eustis

Elwood Care Center
308-785-3302
Elwood

Grand Generation Center
308-784-2747
Cozad

Farnam Senior Center
308-569-2359
Farnam

Southview Manor
308-784-3715
Cozad

Overton Community Center
308-324-2498
Overton

Hilltop Estates
308-537-7138
Gothenburg

EDUCATION

Central Community College
308-324-5936
Lexington

Central Community College
308-324-5936
Lexington

Central Community College
308-324-5936
Lexington

Mid Plains Community College
308-535-3600
North Platte
308-345-8100
McCook

Mid Plains Community College
308-535-3600
North Platte
308-345-8100
McCook

Mid Plains Community College
308-535-3600
North Platte
308-345-8100
McCook

SERVICE	DAWSON	FRONTIER	GOSPER
EMPLOYMENT	Nebraska Workforce Development Employment & Training Service 308-535-8320 or 535-8321 North Platte	Nebraska Workforce Development Employment & Training Service 308-535-8320 or 535-8321 North Platte	Nebraska Workforce Development Employment & Training Service 308-535-8320 or 535-8321 North Platte
FINANCIAL – UTILITY ASSISTANCE	Health & Human Services 800-778-1213 308-324-6633 Lexington	Health & Human Services 800-778-1212 308-325-8420 McCook	Health & Human Services 800-778-1213 308-324-6633 Lexington
	Community Action Utilities 308-532-3250 North Platte	Community Action Utilities 308-532-3250 North Platte	Community Action Utilities 308-532-3250 North Platte
FOOD PANTRIES	Cozad Food Pantry 308-784-4545 Cozad Lexington Food Pantry 308-324-4219 Lexington	Lexington Food Pantry 308-324-4219 Lexington Western Frontier Food Pantry 308-367-8781 Curtis	Lexington Food Pantry 308-324-4219 Lexington
FOOD STAMPS	Health & Human Services 800-778-1613 or 308-324-6633 Lexington	Health & Human Services 800-778-1612 or 308-325-8445 Lexington	Health & Human Services 800-778-1613 or 308-324-6633 Lexington
GROCERY DELIVERY	Fiesta Foods 308-537-2163 Gothenburg Peterson’s Supermarket 308-537-2048 Gothenburg Food Pride 308-784-3210 Cozad Save-A-Lot Discount Foods 308-324-2327 Lexington	Town & Country 308-367-4414 Curtis H & J Grocery 308-486-3251 Eustis	Elwood Market 308-785-2182 Elwodd
GUARDIANSHIP – PAYEE	Mission: Life,Inc. 308-532-0074 Wellfleet	Mission: Life,Inc. 308-532-0074 Wellfleet	Mission: Life,Inc. 308-532-0074 Wellfleet

SERVICE	DAWSON	FRONTIER	GOSPER
GUARDIANSHIP – PAYEE	Community Action Utilities 308-532-3250 North Platte	Community Action Utilities 308-532-3250 North Platte	Community Action Utilities 308-532-3250 North Platte
HEALTH CLINIC SCREENINGS	Grand Generation Center 308-784-2747 Cozad	Area Senior Center 308-367-4173 Curtis	Gosper County Senior Center 308-785-2500 Elwood
	Gothenburg Senior Center 308-537-7465 Gothenburg	Eustis Senior Center 308-486-3471 Eustis	
	Lexington Grand Generation Center 308-324-2498 Lexington		
	Farnam Senior Center 308-569-2359 Farnam		
	Overton Community Center 308-324-2498 Overton		
	Central Plains Home Health 308-784-4630 Cozad		
	Tri County Home Health & Hospice 308-324-8300 Lexington		
HEARING	Nebraska Commission for the Deaf & Hard of Hearing 308-535-6600 888-713-3118 North Platte	Nebraska Commission for the Deaf & Hard of Hearing 308-535-6600 888-713-3118 North Platte	Nebraska Commission for the Deaf & Hard of Hearing 308-535-6600 888-713-3118 North Platte
HOME HEALTH	Central Plains Home Health 308-784-4630 Cozad	Central Plains Home Health 308-784-4630 Cozad	Central Plains Home Health 308-784-4630 Cozad

SERVICE	DAWSON	FRONTIER	GOSPER
HOME HEALTH Continued	Tri County Home Health & Hospice 308-324-8300 Lexington	Tri County Home Health & Hospice 308-324-8300 Lexington	Tri County Home Health & Hospice 308-324-8300 Lexington
	All About Caring 308-696-1042 800-696-1042 North Platte	All About Caring 308-696-1042 800-696-1042 North Platte	Central Plains Home Health 308-784-4630 Cozad
		Community Health Care Home Health 308-345-8356 McCook	
		Great Plains Home Health 308-696-7434 North Platte	
HOMELESS	Haven House 308-324-7170 Lexington		
HOSPICE	Central Plains Home Health 308-784-4630 Cozad	Central Plains Home Health 308-784-4630 Cozad	Central Plains Home Health 308-784-4630 Cozad
	Tri County Home Health & Hospice 308-324-8300 Lexington	Tri County Home Health & Hospice 308-324-8300 Lexington	Tri County Home Health & Hospice 308-324-8300 Lexington
		Community Health Care Home Health & Hospice 308-345-8356 McCook	
		Great Plains Home Health 308-696-7434 North Platte	
HOSPITALS	Cozad Community Hospital 308-784-2261 Cozad		

HOSPITALS (Continued)

Gothenburg Memorial Hospital
 308-537-3661
 Gothenburg

Tri County Hospital
 308-324-5651
 Lexington

HOUSING LOW INCOME - DISABLED
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Cozad Housing Authority
 308-784-3661
 Cozad

Curtis Housing Authority
 308-367-4168
 Curtis

Elwood Housing
 308-785-2480
 Elwood

Gothenburg Housing Authority
 308-537-7275
 Gothenburg

Eustis Housing
 308-537-3401
 Eustis

Lexington Housing Authority
 308-324-4633
 Lexington

Overton Housing Authority
 308-987-2433
 Overton

Park View Villa
 308-537-3933
 Gothenburg

Farnam Housing
 308-569-2355
 Farnam

IN HOME ASSISTANCE CAREGIVER RELIEF
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Nebraska Respite Network
 308-696-1201
 866-Respite
 North Platte

Nebraska Respite Network
 308-696-1201
 866-Respite
 North Platte

Nebraska Respite Network
 308-696-1201
 866-Respite
 North Platte

Care Mates
 308-784-4630
 Cozad

Care Mates
 308-784-4630
 Cozad

Care Mates
 308-784-4630
 Cozad

Sandy's Senior Care Inc.
 308-532-3960
 North Platte

Sandy's Senior Care Inc.
 308-532-3960
 North Platte

Sandy's Senior Care Inc.
 308-532-3960
 North Platte

Tender Home Care
 308-324-8300
 Lexington

Tender Home Care
 308-324-8300
 Lexington

Tender Home Care
 308-324-8300
 Lexington

SERVICE	DAWSON	FRONTIER	GOSPER
IN HOME ASSISTANCE CAREGIVER RELIEF	West Central Nebraska Area Agency on Aging 800-662-2961 308-535-8195 North Platte	West Central Nebraska Area Agency on Aging 800-662-2961 308-535-8195 North Platte	West Central Nebraska Area Agency on Aging 800-662-2961 308-535-8195 North Platte
	Health & Human Services 800-778-1613 308-324-6633 Lexington	Health & Human Services 800-778-1613 308-324-6633 Lexington	Health & Human Services 800-778-1613 308-324-6633 Lexington
LEGAL	Nebraska Legal Services 877-250-2016	Nebraska Legal Services 877-250-2016	Nebraska Legal Services 877-250-2016
	West Central Nebraska Area Agency on Aging 800-662-2961 308-535-8195 North Platte	West Central Nebraska Area Agency on Aging 800-662-2961 308-535-8195 North Platte	West Central Nebraska Area Agency on Aging 800-662-2961 308-535-8195 North Platte
LIFELINE	Area Wide Lifeline 308-784-4630 Cozad	Area Wide Lifeline 308-784-4630 Cozad	Area Wide Lifeline 308-784-4630 Cozad
	Great Plains Home Care Equipment 308-534-1873 North Platte	America Medical Alert Co. 308-697-3636 800-335-9898 Cambridge	America Medical Alert Co. 308-697-3636 800-335-9898 Cambridge
	Immanuel Medical Center 800-676-9449 402-829-3277 (Shipping Only)	Community Health Care Home Health 308-345-8356 McCook	Immanuel Medical Center 800-676-9449 402-829-3277 (Shipping Only)
	Lifefone 800-882-2280 Ex 305 New York	Immanuel Medical Center 800-676-9449 402-829-3277 (Shipping Only)	Lifefone 800-882-2280 Ex 305 New York
	Lifefone 800-882-2280 Ex 305 New York	Lifefone 800-882-2280 Ex 305 New York	
LONG TERM CARE	Hilltop Estates 308-537-7138 Gothenburg	Sunset Haven 308-367-8388 Curtis	Elwood Care Center 308-785-3302 Elwood

SERVICE	DAWSON	FRONTIER	GOSPER
LONG TERM CARE	Gothenburg Hospital TLC 308-537-3661 Gothenburg		
	Plum Creek Care Center 308-324-5531 Lexington		
	Southview Manor 308-784-3715 Cozad		
MEDICAL ASSISTANCE	Health & Human Services 800-778-1613 308-324-6633 Lexington	Health & Human Services 800-778-1613 308-324-6633 Lexington	Health & Human Services 800-778-1613 308-324-6633 Lexington
MEDICAL EQUIPMENT	Barmore Drug 308-324-4611 Lexington Frontier Home Medical 308-784-3040 Cozad 308-345-2068 McCook	Legion/Senior Center 308-367-4173 Curtis Frontier Home Medical 308-784-3040 Cozad 308-345-2068 McCook	Barmore Drug 308-324-4611 Lexington Frontier Home Medical 308-784-3040 Cozad 308-345-2068 McCook
	Gothenburg Senior Center 308-537-7465 Gothenburg	Barmore Drug 308-324-4611 Lexington	Gothenburg Discount Pharmacy 308-537-7155 Gothenburg
	Gothenburg Discount Pharmacy 308-537-7155 Gothenburg	Gothenburg Discount Pharmacy 308-537-7155 Gothenburg	Legion/Senior Center 308-785-2500 Elwood
	Tri County Home Supply 308-324-8330 Lexington	Lincare 308-532-2366 800-899-3639 North Platte	Tri County Home Supply 308-324-8330 Lexington
	Lincare 308-532-2366 800-899-3639 North Platte	Apria Health Care 308-534-7733 800-662-4014 North Platte	Lincare 308-532-2366 800-899-3639 North Platte

SERVICE	DAWSON	FRONTIER	GOSPER
	<p>Apria Health Care 308-534-7733 800-662-4014 North Platte</p> <p>Great Plains Homecare & Equipment 308-534-1873 800-815-6266 North Platte</p>	<p>Westfield Home Care in Westfield Pharmacy 308-534-1147 888-534-1147 North Platte</p> <p>Farrells Pharmacy 308-345-1781 800-658-4279 McCook</p>	<p>Apria Health Care 800-800-0904 Kearney</p> <p>Westfield Home Care in Westfield Pharmacy 308-534-1147 888-534-1147 North Platte</p>
	<p>Westfield Home Care in Westfield Pharmacy 308-534-1147 888-534-1147 North Platte</p>		
MENTAL HEALTH	<p>Heartland Counseling 308-324-6754 Lexington</p>	<p>Heartland Counseling 308-324-6754 Lexington</p>	<p>Heartland Counseling 308-324-6754 Lexington</p>
	<p>Lutheran Family Services 308-324-6400 Lexington</p>	<p>Lutheran Family Services 308-324-6400 Lexington</p>	<p>Lutheran Family Services 308-324-6400 Lexington</p>
NUTRITION COUNSELING	<p>Central Plains Home Health 308-784-4630 Cozad</p>	<p>Central Plains Home Health 308-784-4630 Cozad</p>	<p>Central Plains Home Health 308-784-4630 Cozad</p>
	<p>Hilltop Estates 308-537-7138 Gothenburg</p>	<p>Red Willow Extension Services 308-345-3390 McCook</p>	<p>West Central Nebraska Area Agency on Aging 800-662-2961 North Platte</p>
	<p>Gothenburg Memorial Hospital 308-537-3661 Gothenburg</p>	<p>West Central Nebraska Area Agency on Aging 800-662-2961 North Platte</p>	
	<p>Tri County Hospital 308-324-5651 Lexington</p>		
	<p>West Central Nebraska Area Agency on Aging 800-662-2961 North Platte</p>		

SERVICE	DAWSON	FRONTIER	GOSPER
PHYSICIANS	Gothenburg Medical Arts 308-537-3673 Gothenburg	Plum Creek Medical Group 308-324-6386 Lexington	Plum Creek Medical Group 308-324-6386 Lexington
	Gothenburg Family Practice 308-537-7131 Gothenburg		
	Plum Creek Medical Group 308-324-6386 Lexington		
	Cozad Medical Clinic 308-784-3535 Cozad		
SPECIALTY CLINICS	Plum Creek Medical Group 308-324-6386 Lexington	None	None
TRANSPORTATION	Dawson County Handi Lexington 308-324-3670 Cozad 308-784-3907 Eddyville 308-858-4900 Farnam 308-569-2497 Gothenburg 308-537-3677 Sumner 308-752-2845	Golden Plains Services 308-345-7837 McCook	Prince of the Road 888-452-3194 Ravenna
	Midwest Special Services 800-260-9596 Curtis	Midwest Special Services 800-260-9596 Curtis	Midwest Special Services 800-260-9596 Curtis
	Prince of the Road 888-452-3194 Ravenna	Sunset Haven Bus 308-367-8388 Curtis	Senlow Bus 308-785-2527 Elwood
	Golden Plains Services 308-345-7837 McCook	Prince of the Road 888-452-3194 Ravenna	
	Walt Synder 308-324-3041 Lexington	Robert Stevens 308-486-5556 Eustis	Dick Bennett 308-785-2015 Elwood

SERVICE	DAWSON	FRONTIER	GOSPER
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VISION	Nebraska Commission for the Blind & Visually Impaired	Nebraska Commission for the Blind & Visually Impaired	Nebraska Commission for the Blind & Visually Impaired	Nebraska Commission for the Blind & Visually Impaired
	308-535-8170 North Platte	308-535-8170 North Platte	308-535-8170 North Platte	308-535-8170 North Platte

Abuse/Neglect Hotline.....	800-652-1999	International Lions Club	630-571-5466
Aid Hotline	800-782-AIDS	Lincoln County Clerk	308-534-4350
Alzheimer's & Related Disorder.....	800-272-3900	Lexington Chamber of Commerce	308-324-5504
American Cancer Society.....	800-642-8116	Lupus Foundation of America	800-558-0121
American Council for the Blind.....	800-424-8666	Medicare	800-633-4227
American Diabetes Association.....	800-342-2383	NAF Multicultural Hd Corp	308-534-4532
Arthritis Foundation.....	800-283-7800	or 308-534-2630
American Heart Association.....	800-642-8400	Nebraska Kidney Foundation	800-642-1255
Assistive Technologoy Partnership.....	888-806-6287	Nebraska Resource & Referral System	402-472-0844
Consumer Protection Line.....	800-727-6432	or 800-746-8420
Cozad Chamber of Comerce.....	308-784-3930	Parkinson's	800-223-2732
Dawson County Clerk.....	308-324-2127	Red Willow Community Hospital, McCook	308-345-2650
Eldercare Locator.....	800-877-1116	Senior Care Options/Medicaid Waiver	800-662-2961
Eppley Express.....	800-888-9793	Senior Health Insurance Information Program	
Frontier County Clerk.....	308-367-8641		800-234-7119
Good Samaritan Hospital, Kearney.....	308-865-7100	Social Security Inquiries	800-772-1213 or 308-532-9502
Gosper County Clerk.....	308-785-2611	Veterans Clinic, North Platte	308-532-6906
Gothenburg Chamber of Commerce.....	308-537-3505	West Central Nebraska Area Agency on Aging	
Great Plains Regional Medical Center, North Platte	308-6		800-662-2961

Spanish-speaking families with a loved one facing a serious or life-threatening illness have a new source of free information, according to the Nebraska Hospice and Palliative Care Partnership.

Cuidando con Carino, Compassionate Care HelpLine, is a toll-free phone line – 877-658-8896 – that offers information and resources for people living with or caring for someone with a serious illness. It operates from 8 a.m. to 5 p.m.

Bilingual information specialists will answer questions about hospice and palliative care, helping loved ones with grief and loss, and family care giving.